

**Greetings,** We are so pleased that you are on this ‘Wellness Journey’ with us. Our purpose in this communication is to reveal some of the bad boy chemicals hidden in the everyday common household and body care products and why it’s important to make the switch, known as “Going ‘Green’ with safe, effective Young Living Essential Oil powered products.

**We** are personally committed to using non-toxic chemical products in our home. **The dangerous side effects of chemicals since their introduction into our society cannot be ignored. The American Cancer Society estimates a 50% rise in cancer rates by the year 2020. Here are some common sources of these toxic chemicals:**

Mattress/pillows, air-fresheners, bath soap, body wash, makeup, shampoo and conditioner, shaving cream, aftershave lotion, rash/acne medications, antiperspirants, cologne, perfumes, hair spray, toothpaste, mouthwash, foot deodorant powder, plastic drinking glass, anti-bacterial products containing pesticides and fungicides as ingredients create more serious health risks. This list could be much longer.

*“What is the cumulative effect of using many products that contain small amounts of dangerous poisonous chemicals on your health?”*

If a product has a warning on the label, it is poison!

Known Poisonous Product Ingredient List: (this is just a sampling of the chemicals & the effects on the body.)

1. **Alcohols** – Acid & Alkali: rashes, muscle weakness, headaches, dizziness, nerve damage, vision problems, sleeping problems, stomach cramps, disorientation, depression, coughing, respiratory problems, anemia, organ damage, fatigue, heart damage, cancer, death.
2. **Chlorines**: headaches, mental function difficulties, pulmonary edemas and heart disease, anemia, diabetes, severe eye problems, immune system breakdown, child development problems, gastrointestinal and urinary tract cancer, organ and gland cancer and more.
3. **Detergents & Emulsifiers**: strip skin of protective oils, skin irritation, scalp eruptions, interference with nutrient absorption, hair loss, allergic reaction, cataract formation, organ damage, reproductive damage, blindness, and cancer.
4. **Synthetic Fragrance & Dyes**: allergic reactions, skin rashes, stomach upsets, muscular aches and pains, violent coughing and sneezing, irritability, vertigo, hyperactivity, convulsions, emotional and behavioral problems, Leukemia, Hodgkin’s, ADD, multiple tumors, reproductive damage, headaches, dizziness, organ damage, depression, cancer.
5. **Heavy Metals**: Abdominal cramps, nausea, muscle weakness, mouth sores, motor difficulties, reduced intelligence, brain disorders, short attention span, hyperactivity, emotional disorders, immune disorders, genetic damage, premature aging, muscle, joint and bone pain, cancer.

Consider the cumulative effects of spending every night breathing vapors from chemical poisons in the mattress or pillow and sleeping between sheets washed in toxic chemicals. A typical American man might start the day grooming with a shower, shave and using colognes in an enclosed area... products containing poisonous ingredients, then dresses with clothes washed in toxic chemical laden laundry products. The list for a woman is even more extensive. An extensive list of chemical poisons found in personal care products. are inhaled and absorbed by the body before you even eat breakfast! "Do you think these toxic chemicals might also cause health problems for children?"

[Would you like to Host a Young Living Home Experience? It is the perfect way to introduce these concepts to friends.!](#)

### *Some of the benefits of Pure Therapeutic Oils*

- Essential oils can affect the Digestive, Immune, Hormonal, Cardiovascular, respiratory, Emotional, Glandular and Nervous Systems.
- Research has proven that essential oils quickly penetrate through the skin.
- Essential oils are among the most powerful antioxidants, creating an environment unfriendly for free-radicals.
- Enhance your emotional, spiritual and physical health.
- Because of their ability to penetrate through the skin essential oils can affect every cell of the human body within 20 minutes.
- Diffusing oils cleanses the air, lowers stress, and puts negative ions in the air.
- Essential oils can be applied topically, ingested, diffused or inhaled.

### ***How many toxic products do you currently use in your home and on your body?***

*Think about how you can systematically "ditch and switch out" the products that contain chemicals in your home. Go through every room. Start with the area where you have the most concerns. Our Thieves Household Cleaners replaces most, if not all cleaning products. Concentrated, chemical free, plant based/essential oil cleaning power. You can make 32 bottles of cleaner with one bottle of concentrate drastically cutting cost .Our [Thieves Line](#) also has Laundry Detergent, Dishwashing Soap, Fruit and Veggie Spray, and more, to begin cutting out all chemical laden products from your home. Remember most [Skin and Body Care Products contain parabens; ethyl, butyl, propyl, methyl, which enter the body quickly and mimic the female hormone estrogen.](#) Another bad boy, Propylene Glycol, an antifreeze solvent, is shown to cause dermatitis, kidney and liver abnormalities in animal studies, found in deodorants, cosmetics, shampoo, etc. Use Young Living toxin free products to replace all the chemical laden products. We now have a new mineral makeup line, Savvy Minerals... [90 Day GamePlan: Identify the products in your home which contain harmful chemicals and create your PLAN to remove and replace with products that contain the power of essential oils over the next 3 months.](#)*

*I hope you find the support materials helpful. When you have questions, please contact us, we look forward to helping you on this Wellness Journey. Till next time... Be Well*